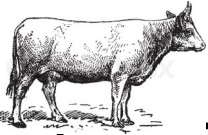
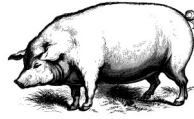




The Tanky



Sandwiches & Light Lunches



TANKY BLOOMERS

A Soft Bloomer, served with Chunky Chips and one of the following:

THE TANKY CLUB: A Whole Chicken Breast, Bacon, Melted Cheese and a Poached Egg £8.95

BBQ Pulled Pork £8.95

Sweet & Sour Beetroot & Goats Cheese £7.95

Chicken Fajita with Salsa £7.95

Grilled Brie, Bacon and Cranberry £7.95

Roast Rib of Beef & Gravy £8.95

Smoked Salmon & Cream Cheese £7.95

Bacon, Lettuce and Tomato with Mayo £7.25

SIMPLY SARNIES

Either a Wholemeal Sandwich, a Toastie, or a Panini Served with Chunky Chips and TWO of the Following::

- | | |
|--------------|-------------|
| * Brie | * Cranberry |
| * Cheddar | * Salad |
| * Mozzarella | * Onion |
| * Roast Beef | * Tomato |
| * Ham | * Pickle |
| * Tuna Mayo | * Chutney |

"One cannot think well, love well, sleep well, if one has not dined well."

— Virginia Woolf

Did you Know?... Virginia Woolf stayed at The Tankerville Arms for a month in 1914

Water Melon & Spinach Salad £8.95
with Quinoa, Toasted Pumpkin Seeds and Feta—
A fabulous and Filling Vegetarian Brunch

Quinoa and Avocado Salad £8.95
A High Protein Meal with Healthy Fats, a Perfect Brunch to keep you going until Dinner

Puy Lentils & Tomato Salad £7.95
Lentils are a substantial and Healthy Base to this Fresh Salad, with Onions, Mango Chutney, Coriander, Greens and Tomato

Smashed Avocado on Toasted Mediterranean Bread with Crumbled Feta £4.95
Compliment with on of the Following

Poached Egg £1.50

Streaky Bacon £2.50

Black Pudding £2.25

Buttered Mushrooms £1.95

Smoked Salmon £2.50

Tanky Eggs Florentine £4.95
Two Poached Eggs with wilted Spinach on a Toasted English Muffin with Hollandaise sauce

Pair up with one of the Following

Bacon £2.25

Black Pudding £2.25

Baked Beans £1.95

Hash Brown £1.75

Pork & Apple Sausage £2.95



Three Egg Omelette £5.25
Incorporate Two of the Following

Add a Third Filling for 90p!

- Bacon
- Ham
- Cheddar
- Onion
- Mushroom
- Peppers
- Feta
- Parmesan

All Eggs are Free Range, Delivered Hen Fresh from Chatton Park